



## **ADULT SOCCER LEAGUE RULES AND POLICIES**

### ***Field Rules:***

**Two 20 minute halves separated by a 2 minute half-time.**

- **5 v 5 + Keepers.**
- **Walled Soccer (*All netting is out of play*).**
- **Kickoffs may go backwards.**
- **A corner kick is awarded to your team when the ball hits the netting above your opponents goal. The kick must be taken from corresponding white mark.**
- **All free kicks are DIRECT except for those specified below.**
- **If the ball hits top netting, an INDIRECT free kick is awarded to the opposite team. The free kick must be taken from the place where it hit the roof, unless inside the penalty box (*it will then be placed directly outside of penalty box near spot where the ball hit the top netting*).**
- **A red card will result in an AUTOMATIC ejection of player receiving red card, the corresponding team will play down a player for a 2 minute penalty or until the opposing team scores (whichever comes first). The player receiving the red card will not be allowed to return to the game. The incident will be reported to the League Director and a decision will be made on whether the designated player will serve a 1-game suspension before being allowed to return to league play. Multiple red cards in any given season may result in ejection for remainder of season at discretion of League Director.**
- **A yellow card will result in an AUTOMATIC 2 minute penalty, the corresponding team must then play down a man for the entire 2 minute period in which the penalty applies or until the opposing team scores a goal (whichever comes first).**

- An intentional hand ball will result in AUTOMATIC yellow card, the corresponding team must then play down a man for the entire 2 minute period in which the penalty applies or until the opposing team scores a goal (whichever comes first).
- Slide tackling and boarding are NEVER permitted for any reason. A defensive slide tackle on an offensive player will result in an AUTOMATIC yellow card. All other slide tackles will be called at the Referee's discretion.
- Goalkeeper Violations: The opposing team receives an INDIRECT free kick for the following violations by a Goalkeeper:
  - (a) Pass Back: Handling the ball, having been passed deliberately and directly to him by a teammate; except that he may handle a ball which a teammate passes to him by the head, chest, or knee and without "trickery" (the use of a wall or foot to flick the ball to a head, chest, or knee before making the pass)
  - (b) Goalkeepers must play ball within six seconds of receiving the ball.
- There are NO offsides or three-line rules.
- All other standard soccer rules apply and will be left to the discretion of the Referee.

***Co-ed Adult League Rules:***

- Each team must have a minimum of one female field player at all times (*goalies do not count as field players*). If a team does not have a female field player, they must play short-handed.

***Playoff Rules:***

- Single elimination.
- 25 minute games, running clock.
- Lower seeded team will receive tap.
- Overtime: 4v4: Golden goal, no keepers, (starts with dropkick).
- ALL other regular rules apply.

### ***League Policies:***

- **ALL team balances must be paid in FULL by SECOND league game.**
- **Team rosters must be signed (captain/team manager), completed and turned in prior to the SECOND league game. Players may be added to the roster at any time during the season, but must comply with our strict roster rules (no exceptions!).**
- **Teams may borrow players from other teams during *REGULAR* season. Opposing team will have the following options (if opposing team DOES NOT bring attention of “illegal players” to the referee’s attention, game will be played as scheduled with no penalty applied):**
  - 1. Accept forfeit (1-0 victory, no game)**
  - 2. Accept forfeit, play game (1-0 victory regardless of result)**
  - 3. Play game (final result stands)**
- **Teams WILL NOT be allowed to borrow players from other teams (illegal players) during *PLAYOFFS*. Only players on roster as of the 4<sup>th</sup> game (*\*rosters will be locked*) of the season will be permitted to play in *PLAYOFFS (INJURY REPLACEMENT EXCEPTIONS AT DISCRETION OF LEAGUE DIRECTOR)*. Referees will have copies of rosters for playoff games.**

***\*ALL RULES ARE SUBJECT TO MODIFICATION OR CHANGE AT DISCRETION OF LEAGUE COMMISSIONER. WHEN RULING ON AN UNIDENTIFIED MATTER, LEAGUE DIRECTOR WILL HAVE FINAL SAY (NO EXCEPTIONS). ALL TEAMS WILL BE NOTIFIED OF ANY RULE CHANGES OR MODIFICATIONS BEFORE THEY ARE APPLIED.***